Sômatik®

APOLLO

24-Hour Temperature
Smart Fitness Watch

USER MANUAL

CONTENTS

BEFORE USE

The Somatik Apollo smartwatch and App have been carefully developed to assist you in maintaining your physical and mental health.

PLEASE NOTE: The Apollo smart watch is not a medical/therapeutic device. It is not intended for medical use or in the diagnosis, treatment, monitoring or prevention of disease or other health conditions.

IMPORTANT SAFETY INSTRUCTIONS

The Somatik Apollo Smart Watch is designed to be IP67 Water Resistant. The Apollo Smart Watch can be worn while washing hands, in rain and daily activities that may incur some contact with water.

However, the Somatik Apollo Smart Watch should not be worn in hot water showers or saunas where water vapour may be present. Doing so may allow water vapour to enter the watch. The Somatik Apollo Smart Watch must also not be worn when swimming or in the sea. Ocean water may cause erosion to the watch.

CAUTION: Do not allow the 2 charging pins on the back of the watch to connect with conducting material at same time, it may cause a short circuit.

Read all instructions before use - please save these instructions.

PACKAGE CONTENTS

Smart Watch x 1

Magnetic USB Charging Cable x 1

Quick Start User Guide x 1

User Manual x 1

The Apollo Smart Watch is compatible with devices running with Android 4.4 and above, iOS 8.5 and above. Bluetooth must be 4.0 and above.

HOW TO OPERATE YOUR APOLLO SMARTWATCH

Upper Button: Long press to switch ON/OFF, short press screen to activate the screen.

Touch instructions: Tap to enter and swipe right to go back; Slide down to enter the status bar under the home screen; slide right to enter More; slide left to enter the Main Menu; slide up to enter the notification center.

Changeable band: To change the band, locate the switch pin at the connection between the watchcase and band, slide it to the middle to take the band on and off.

Charging instructions: The watch has a magnetic charger which connects to the back of the watch. The charger will only connect to the watch one way. You can use a 5V mobile phone charger or a computer USB charging port connection. Connect the charging point to the charging pins at the back of the device, your smart watch will charge automatically. A full charge usually takes around 2 hours. Do not use the watch when charging. The average run time of a fully charged watch is up to 7 days.

CONNECTING WATCH TO "SOMATIK FIT" APP ON YOUR SMARTPHONE

Download the "Somatik Fit" app to your smartphone via one of the following two methods.

1. Search "Somatik Fit" in either the App store for iOS or Google Play Store for Android phones.
2. Scan the below QR code through a QR scanner application or browser.

Once the correct app has been located press GET or INSTALL to Install the app.

Before opening the app, ensure that your smartphone's Bluetooth connection is active.

Once installation is complete, open the app. The app will prompt you to sign in. If the user does not have an account - click **"Immediate Registration"** to sign up.
After registration is completed, sign into the app.

The app will prompt the user to enable notifications and access permissions. When all prompts are answered the user can connect the watch to the smartphone app.

Connecting the Watch via Bluetooth

A message will pop up on the Smart Watch home screen to prompt the user to connect the smartwatch. If not, press "My Profile" on the bottom menu bar in the app.
On the "My Profile" page dashboard is a "Connection Management" tab, click to launch.

Press "Connect Smartwatch" to find the watch. Once search is complete a list of devices with Bluetooth will appear. Select "APOLLO" device to connect. To disconnect your smart watch completely from your smartphone, you must un-pair it via your smartphone's Bluetooth settings. If you do not do this, the watch may be disconnected from your app but will still continue to receive notifications from your smartphone if you are in range.

Please note: Some smart phones may require GPS to be turned on in order to connect the watch.

FIRMWARE UPDATE

To check if there is a firmware update, follow the below steps:

1. Press "My Profile" on the bottom menu bar in the app.

2. Press "Smart Watch Settings" on the dashboard.

3. Scroll down to the bottom and select "Firmware Update". If there is a firmware update available it will appear in "Latest Version". Click to update to the latest firmware.

Note: If the firmware upgrade is unsuccessful, wait for the watch battery to run empty. Once the watch battery has run out place it on charge and re-boot. Search for Bluetooth device "APOLLO" to connect and upgrade the firmware.

As Bluetooth operation is different between different smartphone brands, the connection could become unstable with the watch. If this occurs, restart your smartphone and re-connect the watch through the same process.

KEY FEATURES

Language/Time/Date: The Apollo will synchronise the date & time from your smartphone when you connect it to the App via Bluetooth.

Standby Watch Face: There are different options to choose from for standby watch faces. To access these, press the Home screen for 2 seconds and swipe left or right to view the different watch face options.

Status Screen: Swipe down to enter the standby interface with Bluetooth status, QR code, brightness adjustment and battery status.

Notifcations: Slide right to enter the notifications menu. Notifications from smartphones that are supported include calls, WhatsApp, SMS and WeChat messages. Incoming calls and messages will alert via vibration of the smart watch. You can decline a call via the smart watch. Notifications that have not been seen will trigger a vibrate reminder.

Pedometer/Distance/Calorie: Monitors daily steps, mileage, and calories. Data will be reset at midnight each day. The watch supports up to 7 days of recorded data.

Sports: Multiple sports modes are available to choose from. Select your desired mode to start. To pause a work out swipe right. Duration, calorie consumption, heart rate and other data from your workout are recorded in this mode.

HEALTH CARE

Heart Rate: When this function is activated, the heart rate is measured by scanning the surface capillary of the skin with optical diodes. Allow for about 2 seconds to start measuring and recording your heart rate. To stop measuring, slide to other menus.
To find your heart rate data, current readings can be found on the "Home" dashboard. Click on the 'HR' tab to open all saved reported data.

Watch: Press the top button on the side of the watch to deactivate standby mode. Swipe left 3 times to access the health reading dashboard. Click on "HR" to access readings. After about 30 seconds once a reading is confirmed the watch will vibrate and show your health data.

Please refer to information about average heart rate, heart rate while exercising for your age group and gender online and/or ask your medical practitioner for advice. Please note: This is not a medical device. Any values shown are for reference only.

Blood Pressure: Put your hands flat on a surface and do not move for 1 minute. Upon this function activating, 45 - 50 seconds is required to measure and read.
To find your blood pressure data, current readings can be found on the "Home" dashboard. Click on the 'BP' tab to open all saved reported data.

Watch: Press the top button on the side of the watch to deactivate standby mode. Swipe left 3 times to access the health reading

dashboard. Click on "BP" to access readings. After about 20 seconds once a reading is confirmed the watch will vibrate and show your health data.

Please note: This is not a medical device. Any values shown are for reference only.

Blood Oxygen: Blood Oxygen Level (SP02H) refers to the amount of oxygen that is circulating in the blood. To find your blood oxygen data, current readings can be found on the "Home" dashboard. Click on the 'Sp02' tab to open all saved reported data.

Watch: Press the top button on the side of the watch to deactivate standby mode. Swipe left 3 times to access the health reading dashboard. Click on "SP02". After about 20 seconds the watch will vibrate and produce a SP02 percentage reading.

For information regarding healthy or unhealthy SP02H levels for an age group and gender please seek advice from a medical practioner.

Please note: This is not a medical device, any values shown are for reference only.

Temperature: A normal body temperature is 35.9°C - 37.2°C. This reading will vary throughout the day. Any temperatures over 37.3°C are classified as a low grade fever. The maximum temperature difference is 1°C.
Your current temperature readings are viewed on the watch. Press the top button to deactivate standby mode. Swipe left 6 times to find the temperature screen.

Sleep Monitor: Sleep monitoring will automatically activate from 10pm through to 8am every night. To access your recorded sleep patterns go to the "Somatik Fit" App on your smartphone and click on the Sleep Tab on the dashboard in the Home section.

Watch: Press the top button on the side of the watch to deactivate standby mode. Swipe left 2 times to access sleep data.

WATCH FUNCTIONS

Stopwatch: To access the stopwatch function, press the top button on the side of the watch to deactivate standby mode. Swipe right to access the functions menu. Select Stopwatch (2nd item). Press the play button to begin timing. The watch will vibrate. To Pause press the play button again. The watch will vibrate again. Press refresh button to start again. The watch will vibrate.

Remote Camera: Open the 'Somatik Fit" app. Go into "My Profile" and select the "Smartwatch Settings". Click on "Shake Photo". This will automatically open the smartphone's camera. To take a photo shake your smart watch.

Please note that in order to use this function the you must allow the Somatik Fit app to have access to the camera.

About: Access this to find the information on the device model, firmware version and the bluetooth address. This can be achieved two ways:

1. Press the top button on the side of the watch to deactivate standby mode. Swipe down from the top to access the main

menu on the watch to enter into the status screen. Press the information icon to access the About information.

2. Press the top button on the side of the watch to deactivate standby mode. Swipe right once to access the menu. Swipe up to go down to the next page. Press "About".

Reset: To factory reset the watch, press the top button on the side of the watch to deactivate standby mode. Swipe right once to access the menu. Swipe up to go to the next page. Press "Factory Reset".

Alarm: Multiple alarms can be set on the Somatik Fit app that will trigger the smart watch to alert you via vibrations. To program this go into the Smart Watch Settings and click on the 'Smart Reminders" tab to select the Alarm settings.

Sedentary Reminder: Receive vibrate notifications on your watch if you have not stood up or moved over a period of time. This can be activated in the Smartwatch settings on the Somatik Fit app. To activate go into the Smart Watch Settings and click on the 'Smart Reminders" tab to select the Sedentary reminder settings. You can select a period of time during the day that the watch will remind you to move around.

Find Your Phone: To access the Find Your Phone function, press the top button on the side of the watch to deactivate standby mode. Swipe right to access the functions menu. Select Find your phone (3rd item).

Your smartphone will then vibrate automatically to highlight its location to you.

Screen Brightness: To set the screen brightness on the watch press the top button to deactivate standby mode. Swipe down from the top of the home screen. Click the brightness icon (4th icon) and adjust as desired.

Please note that when this function is activated it consumes more power.

Unit Setup: Choose between using the Metric System or the Imperial System.
To change to desired unit setup:
1. Press "My Profile" on the bottom menu bar in the app.

2. Press "Personal Data" on the screen dashboard.

3. Scroll down to "Unit" section and select the desired unit system for each option.

Data Transmission: All recorded data will be saved on the watch. This will be transmitted to the "Somatik Fit" app.
To export your recorded data press the icon on the top right hand corner in the screens that show all data.

WARRANTY TERMS & CONDITIONS

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

This warranty is provided in addition to your rights under the Australian Consumer Law. Directed Electronics Australia Pty Ltd (Directed Electronics) warrants that this product is free from defects in material and workmanship for a period of 12 months from the date of purchase or for the period stated on the packaging. This warranty is only valid where you have used the product in accordance with any recommendations or instructions provided by Directed Electronics.

This warranty excludes defects resulting from alterations of the product, accident, misuse, abuse or neglect. In order to claim the warranty, you must return the product to the retailer from which it was purchased or if that retailer is part of a National network, a store within that chain, along with satisfactory proof of purchase. The retailer will then return the goods to Directed Electronics.

Directed Electronics will repair, replace or refurbish the product at its discretion. The retailer will contact you when the product is ready for collection. All costs involved in claiming this warranty, including the cost of the retailer sending the product to Directed Electronics, will be borne by you.

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INDEMNITY

You agree to defend, indemnify and hold harmless Somatik Labs and its subsidiaries and affiliates from and against any and all claims, proceedings, injuries, liabilities, losses, costs and expenses (including reasonable legal fees), including but not limited to, claims alleging negligence, invasion of privacy, copyright infringement and/or trademark infringement against Somatik Labs and its subsidiaries and affiliates or thesomatik labs services, relating to or arising out of your breach of any provision of these terms, your misuse of the Somatik Labs or Somatik Labs services, or your unauthorized modification or alteration of products or software.

WARRANTY AND WARRANTY DISCLAIMER

Somatik Labs has a limited warranty on whereby Somatik Labs warrants to and only to you that somatik labs medical diagnostic and UV-C sanitisation devices, including temperature thermometers, blood pressure monitors, UV-C sanitisers and UV-C sanitising wands/cases/ travel bags and smart watches will be free from defects in materials and workmanship for one (1) year from the date of your purchase of the on Somatik Labs medical diagnostic and UV-C sanitisation devices, including temperature thermometers, blood pressure monitors, UV-C sanitisers and UV-C sanitising wands/cases/travel bags and smart watches (unless a longer warranty period is required by law). The specifics of this somatik labs limited warranty are at https://www.somatiklabs.com/warranty.

To the extent possible under governing law, other than the above product warranty for the Somatik Labs medical diagnostic and UV-C sanitisation devices, including temperature thermometers, blood pressure monitors, UV-C sanitisers and UV-C sanitising wands/cases/travel bags and smart watches, you understand and agree that the Somatik Labs services are provided on an "as is" and "as available" basis. Somatik Labs makes no warranty that the Somatik Labs product and services will meet your requirements or that use of the Somatik Labs services will be uninterrupted, timely, secure or error-free nor does somatik labs make any warranty

as to the accuracy or reliability of any information obtained through the somatik labs services (including third party content), that any defects in the Somatik Labs services will be corrected or that the Somatik Labs products or somatik labs services will be compatible with any other specific hardware or service. Further, Somatik Labs does not warrant that the Somatik Labs services or the Somatik Labs servers that provide you with data and content are free of viruses or other harmful components. Somatik Labs also assumes no responsibility for and shall not be liable for any damages caused by viruses that may infect your somatik labs medical diagnostic and UV-C sanitisation devices, including temperature thermometers, blood pressure monitors, UV-C sanitisers and UV-C sanitising wands/cases/travel bags and smart watches, computer software, or other hardware.

You agree that Somatik Labs is not a provider of medical services and that Somatik Labs is not providing me with medical diagnosis of any type. In the event of any loss, damage or injury, you will not look to Somatik Labs to compensate you or anyone else. You release and waive for yourself and your insurer all subrogation and other rights to recover against Somatik Labs arising as a result of the payment of any claim for loss, damage or injury.

Somatik Labs' equipment and services do not cause and cannot eliminate occurrences of certain events, including, but not limited to medical problems or medical incidents. Somatik Labs makes no

guarantee or warranty, including any implied warranty of merchantability or fitness for a particular purpose, that the Somatik Labs equipment and services provided will detect or avert such incidents or their consequences. Somatik Labs does not undertake any risk that you or property, or the person or property of others, may be subject to injury or loss if such an event occurs. The allocation of such risk remains with you, not Somatik Labs.

Other than the above product warranty for the somatik labs medical diagnostic and UV-C sanitisation devices, including temperature thermometers, blood pressure monitors, UV-C sanitisers and UV-C sanitising wands/cases/ travel bags and smart watches, Somatik Labs and its suppliers disclaim all warranties of any kind, whether express, implied, or statutory, regarding the Somatik Labs services, including any implied warranty of title, merchantability, fitness for a particular purpose, or noninfringement of third party rights. Because some jurisdictions do not permit the exclusion of implied warranties, the last sentence of this section may not apply to you. Somatik Labs hereby further expressly disclaims all liability for any claims for service failures that are due to normal product wear, product misuse, abuse, product modification, improper product selection or your non-compliance with any and all applicable federal, state or local laws. This warranty and warranty disclaimer give you specific legal rights, and you may have other rights that vary by state, province, or country. Other than

as permitted by law, Somatik Labs does not exclude, limit or suspend other rights you have, including those that may arise from the nonconformity of a sales contract. For a full understanding of your rights you should consult the laws of your state, province, or country. For our Australian customers: Please note that this warranty is in addition to any statutory rights in Australia in relation to your goods which, pursuant to the Australian Consumer Law, cannot be excluded.

1.0 NOTES

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well-being.

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CE ROHS

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